

KYANNI FLEMING

MS, MBA, RN, LMT, CMLDT

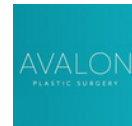
**NURSE. MASSAGE THERAPIST.
HEALER. ATHLETE. EDUCATOR.
TRAINER.** *Advocate for Wellness*



Kyanni Fleming is the founder of The Kneading Well, a practice dedicated to holistic healing, body wellness, and the power of human connection. As a Nurse Massage Therapist and passionate runner, she understands what it means to push the body to its limits, endure stress, and seek balance. She believes healing is a partnership—every body holds a story, and she helps clients listen to theirs while guiding them toward relief, recovery, and reconnection.

With a background in nursing, Kyanni blends clinical expertise with holistic care, nurturing the mind, body, and spirit. She is passionate about the role of touch, hugs, and physical connection in fostering well-being and relationship wellness. Whether helping couples strengthen their bond through intentional touch, supporting clients in chronic pain, or guiding athletes in performance care, Kyanni is dedicated to helping people feel better, move better, and live better—together.

TOUCHING LIVES AT



FEATURED TOPICS + SERVICES

- ➔ Relationship Wellness - The Love Language of Physical Touch, Couple's Massage Skills
- ➔ Self-Care/Wellness - Leveraging Your Lymphatic System, Settling "Dis-Ease" in the Body with Massage Therapy
- ➔ The Power of Touch - Hug Therapy
- ➔ Sports Recovery - Building Your Recovery Toolbox
- ➔ Massage Therapy Business Practice - How to Start a Thriving Massage Practice

Kyanni truly listened to my needs and focused her attention on those areas. You can tell that this is not a job for her, and she is invested in making her clients feel better. *-ng*



CERTIFICATIONS + TRAININGS



GET IN TOUCH



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